

Our Services and Facilities in a nutshell. Please study your in room information guide or visit with Guest Services in the Jade Mountain reception or our reception team for more information. Also, we invite you to our guest welcome meetings held daily at 10 am in the Jade Mountain Club.

FOR YOUR ENJOYMENT DURING YOUR STAY WE OFFER ON COMPLIMENTARY BASIS

At JADE MOUNTAIN

- * Yoga at Jade Mountain meet on Celestial Terrace 7 8 a.m.
- * Fitness Centre located at lower level of Jade Mountain and accessible from the west end
- * Wine and Canapé Reception on Monday from 5.30 6.30 p.m.
- * In-room WiFi and at Jade Mountain reception with library with Wi-Fi internet connection and use of complimentary computers
- * Daily live entertainment at Jade Mountain Club

At ANSE CHASTANET (you are welcome to partake in all activities)

- * Anse Chastanet beach with beach chairs and beach towels
- * Complimentary use of non-motorized water sports including snorkel gear, windsurfers, sit on top kayaks, Sunfish sailing
- * Complimentary use of tennis court and equipment
- * Complimentary tennis clinic Monday and Wednesday from 9.00 9.30 a.m.
- * Resort shuttle boat, Jungle Express to our second beach at Anse Mamin daily for Jungle Beach Bar & Grill, beach activities, jogging and hiking
- * Select Guided Walks and Hikes on our 600 acre estate with Meno learn about history and botany
- * Yoga daily 8.30 a.m. -9.30 a.m. and 5.00 6.00 p.m. in the beach yoga gazebo
- * Paddle board yoga demonstration in the Anse Chastanet bay every Tuesday from 12.15 p.m.
- * Creole History Class in the Beach Bar Friday 11.30 a.m.
- * Daily Live Entertainment in the Piton Bar except Tuesdays when entertainment takes place in the beach bar
- * Library located in the Piton Bar with WiFi internet connection and complimentary guest computer
- * Manager's Cocktail Reception every Tuesday from 6.30 7.30 p.m. in the beach bar
- * Underwater Slideshow at the Scuba center, Tuesday 6.00 p.m.
- * History, benefits and uses of Aromatherapy presented by our Spa Manager Beach Spa Tuesdays from 5.30 p.m.
- * Chocolate Sensory Tasting at Emerald Restaurant, Tuesday from 10.00 10.30 a.m.
- * Saint Lucian Rum Mixology Class every Sunday at the Beach bar from 4.30 5.30 p.m.
- \ast Anse Mamin Plantation Walk with Meno, Monday Saturday from 1.45 p.m. Meet at the Scuba center.

OUR RESTAURANT SCHEDULE

At JADE MOUNTAIN

- * Sanctuary Service at any time
- * JADE MOUNTAIN CLUB for breakfast, lunch or dinner

At ANSE CHASTANET

- * Full Breakfast in our Treehouse Restaurant from $7.00-10.00~\mathrm{a.m.}$
- * Lunch in the Trou au Diable Beach Restaurant
- * Lunch on Anse Mamin beach at the Jungle Grill from 12 noon 3.00 p.m. and Jungle Bar from 10.00 a.m. 4.00 p.m. 4.00
- * Afternoon Tea in the Beach Bar 3.30 5.30 p.m.
- \ast Beach Bar open daily 8.00 a.m. 11.00 p.m., Piton Bar open daily 8.00 a.m. until midnight
- * Dining in our Treehouses celebrating Tropical World Cuisine 6.30 9.30 p.m. daily except Tuesday
- * Dining in our Trou au Diable Restaurant celebrating Apsara, St Lucia–East India fusion cuisine daily except Tuesday; A beach grill menu is also available. Open daily except Tuesdays.
- * Tropical evening with Steel Band on Tuesday evening in our beach restaurant
- * Emerald's All Vegetarian Menu served in the Piti Piton lounge at dinner time Wed Mon (all resort menus feature vegetarian options)
- * Executive Chef's Monday Gourmet Dinner & Wine Pairing served at 7.00 p.m. in the Treehouse, reservations necessary
- * Coco Doux coconut bar at beach bar on Sundays from 11.00 a.m. 3.00 p.m.
- * Jazzy Champagne Brunch at the Trou au Diable Beach Restaurant every Sunday from 11.30 a.m. 2.30 p.m.

SERVICES AND FACILITIES

At JADE MOUNTAIN

- * Kai en Ciel Spa located on lower Jade Mountain level accessible from west end of the building
- * Fitness Centre below Kai en Ciel Spa
- * Shades of Jade Boutique below the Jade Mountain reception

At ANSE CHASTANET

- * Spa Kai Belté located at the south end of ANSE CHASTANET BEACH
- * Bike St Lucia: Cannondale Mountain Biking Rental with miles of Hiking and Biking Trails at ANSE MAMIN
- * Scuba St Lucia: PADI 5-Star Dive Resort Scuba Centre for Scuba Diving, Courses, Equipment, Scuba Retail Shop
- * Kayak St Lucia: Specialty Prion Kayak Instruction and trips for fast moving coastal adventures
- * Shopping in 2 Beachside Boutiques located within the beach restaurant and Art Gallery located above the Kai Belte Spa